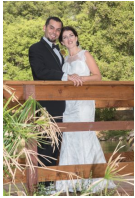




FEATURES



LA Couple Ties the Knot at Ramona Oaks RV Resort



Turning Pointe School of Dance Presents Cinderella



Get Ready for Ribs!



Local Blacksmith Forges Ahead with Age-Old Trade



JHS ~ One Look Back, Two Looks Forward

A Hiker's Paradise: Santa Ysabel County East Preserve



The Santa Ysabel County East Preserve's West Vista Loop Trail brings hikers through beautiful shady oak groves. Photo by Angela McLaughlin

By Angela McLaughlin - Ramona Home Journal •
Thu, Apr 20, 2017

Emerald rolling hills sprinkled with wildflowers and groves of oak trees, red-tailed hawks soaring overhead as cattle peacefully graze in the open fields — the beauty and serenity of our next hike will help satisfy your craving for nature.

Santa Ysabel County East Preserve is a 3,800-acre preserve that offers more than 13 miles of trails. While there are two entrances into the preserve, I will mainly discuss the trailhead at one of them.

To reach the trailhead, follow Highway 78 toward Julian. When you reach the town of Santa Ysabel, turn left onto Highway 79. You will see a sign for the preserve on the right side of the road and will come to a gate that is

the start of the trail.

Be aware that there is no parking lot for this trailhead. Visitors may park on the gravel shoulder near the gate. As this area is used for cattle grazing, it is important not to block the large gate with your vehicle.

The beginning of the trail is fairly flat and eases hikers into their workout. The trail will soon begin to steadily climb. On your left, you will have gorgeous views of the foothills and the valley in between — during the rainy season, there may be water flowing in the creek below.

Areas of the trail are uneven and slanted, so good hiking shoes that provide ankle support are necessary. As a result of the recent rains, some areas of the trail have deep ruts, and other spots are slippery due to loose dirt and rocks — make sure to watch your footing.

The first portion, West Vista Loop Trail, will take hikers on a climb into a grove of oaks. After the first mile, hikers will encounter a picnic area that makes for a nice place to rest and rehydrate. You will come to a split in the trail that is the beginning of the loop.

I recently hiked West Vista Loop Trail, which is about 4.5 miles round-trip. With the elevation change, it offered a nice challenge and workout — and was certainly long enough for my furry companions!

For hikers looking to experience something more strenuous, the loop connects to a three-mile-long segment of the Coast to

COLUMNS

Financial Foc
Lessons Abo

Jun 13th 2018



ElderTalk: Wh
to Do to Age

Jun 13th 2018



Art Stockton,
and Rowdy

Jun 13th 2018



Water the We
Four-Part Lar

Jun 13th 2018



Eyeing the Ni
Action Packe

Jun 11th 2018



Nature News:
Nocturnal Ne

Jun 11th 2018



What's Happe
Your Library

Jun 11th 2018

Crest Trail. This trail connects to the Kanaka Loop, which leads to the other entrance of the preserve at 500 Farmer Rd. This entrance offers a larger staging area, beneficial to bigger groups and those looking to bring horses onto the trail.

The combination of woodlands, grasslands and other landscapes in the preserve provides a hospitable home for local wildlife. In addition to the spunky ground squirrels, visitors may encounter deer, coyotes, hawks and vultures, among other wildlife.

The trail is multi-use and is often frequented by bikers and horseback riders. Dogs are welcome on the trail but must be leashed. As this is a sensitive habitat, it is important that you stay on the trail and bring out anything that you bring in.

As always, remember to bring enough water for your hike, wear sturdy shoes and sunscreen, and bring a first aid kit. It is important to let someone know where you will be hiking before you venture out. 'Tis the season for rattlesnakes, so be sure to watch where you place your hands and feet.

With wildflowers in full bloom, now is the perfect time to visit the preserve. Head out to Santa Ysabel for your next hiking adventure!

For information or to recommend a local trail, email angelamclaughlin@ramonajournal.com.

Share

Like 0

Caring, Gentle D.
D. Bruce Laurie, D.M.D. | Christine Fa
Alexey Retina, D.M.D. | Donald Lip
Eric Z. Shapiro, D.D.S., M.A., F
Quality Dentistry • Comfortable Environment • Patient Focus

CLASS OF Congratulations to 2018!

RamonaDental.com
327 3rd Street • 760 789-...

CLEAR BLUE POOLS
Quality Construction, Service & Repair
760-785-3316

NEW CONSTRUCTION • GOLF COURSE & HOME SWIMMING POOLS
REPAIRS • RENOVATIONS • GOLF COURSE & HOME SWIMMING POOLS
POOL CLEANING & MAINTENANCE • GOLF COURSE & HOME SWIMMING POOLS
POOL LINERS • GOLF COURSE & HOME SWIMMING POOLS

www.cbpools.net

RAMONA TIRE PRO & SERVICE CENTER
760-789-8877
1811 Main Street • Ramona
(City of Ramona, CA)

Major Brand and Low Cost Tires In Store Installed In 30 Minutes

MONDAY - FRIDAY: 9 am - 6 pm
SATURDAY: 9 am - 5 pm • SUNDAY: 9 am - 4 pm

Cris Vaughn
760-807-1255
Cris@CrisVaughn.com
REALTOR, SFR

FORMER BEST SELLER FOR 10 YEARS
BEST REAL ESTATE AGENT IN THE AREA
EXPERIENCED REALTOR WITH OVER 10 YEARS OF EXPERIENCE
SPECIALIZING IN BUYER REPRESENTATION, SELLER REPRESENTATION, INVESTMENT PROPERTIES, AND COMMERCIAL REAL ESTATE

COLDWELL BANKER COUNTRY REALTY
#1 Selling & Lending Office in Ramona!

RAMONA - \$177,000
DANA POINT - \$560,000
DANA POINT - \$798,000
RAMONA - \$249,000
RAMONA - \$999,000

Search for Homes Online at RamonaLI.com
760.789.2110 3130 MAIN STREET, RAMONA



ARCHIVES 2018 - Ramona Home Journal »	ARCHIVES 2018 - Julian Journal »	RAMONA HOME JOURNAL »	JULIAN JOURNAL
THE GUIDE TO JULIAN »	ARCHIVES 2017 - Julian Journal »	ARCHIVES 2017 - Ramona Home Journal »	USEFUL LINKS
ARCHIVES 2016 »	ARCHIVES 2015 »	ARCHIVES 2014 »	ARCHIVES 2013
ARCHIVES 2012 »	ARCHIVES 2011 »	ARCHIVES 2010 »	PHOTO GALLERY

Ramona Home Journal • 621 Main Street • Ramona, CA 92065 • Phone: 760-788-8148

© COPYRIGHT RAMONA JOURNAL & JULIAN JOURNAL. ALL RIGHTS RESERVED. Sitemap

YOU ARE VISITOR

NUMBER: 830,822

{ powered by bulletin