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Ramona's Business Community



Dr. Rohit Keshav is the dentist of Ramona Main Street Dental.

By Angela McLaughlin - Ramona Home Journal • Thu, Mar 08, 2018

From boutiques to breweries, Ramona offers it all — and many are finding the products, activities and culture they are looking for right here in town.

Ramona's ever-changing scenery keeps things interesting for residents. And many of these modifications are adding excitement to our little town — such as brand-new businesses, or renovations of existing ones. Discovering what's new in Ramona can be fun for the whole family.

Ramona Food and Clothes Closet

"Because you gave, we can give," is the motto of Ramona Food and Clothes Closet (RFCC), the local nonprofit thrift store.

Selling everything from electronics and furniture to clothing, books, household goods and more, RFCC has been an institution in the community for more than 30 years, providing help to those who need it.

"We partner with the San Diego Food Bank and Feeding San Diego," says RFCC manager Vesna Curry. "Our main focus is to help the community — everything stays in the community."

The net proceeds from the sale of merchandise goes to the RFCC Foundation, which uses the money in the form of community grants, scholarships, homeless assistance, emergency assistance, and other forms of help for local families and nonprofit organizations.

RFCC keeps all donations local to the areas of Ramona, Santa Ysabel, Warner Springs, Julian, Borrego Springs, Ranchita and outlying areas. Curry says they do it with the help of dedicated staff and volunteers, adding that usually at least five to ten volunteers assist with tasks such as receiving and organizing donations, pricing and stocking.

Community members who are interested in getting more involved may stop into the store at 773 Main St. or go online at www.foodandclothescloset.org to fill out a volunteer application. Donations are also welcome. The food pantry is open Monday through Friday.

Ramona Main Street Dental

Ramona Main Street Dental, located at 1530 Main St., has been owned by Dr. Rohit Keshav since 2013.

A graduate from the University of Tennessee, Keshav has been practicing dentistry since 1994 and in the San Diego area for 18 years. He runs the office with his wife, Resh Keshav, who acts as the office manager.

As a general dentist, Keshav is able to offer a number of services to his clients — not just cleanings and fillings, but implants, gum surgery and more. Keshav also provides sedation dentistry.

"It's nice that I can provide such a wide range of services so people don't have to go down the hill," says Keshav. "I'm incorporating more medicine into the dentistry. We treat more of the human rather than just the tooth because it's all connected."

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Keshav encourages patients to practice preventative care — and to communicate openly with their chosen dentist for the best treatment. He understands the hesitations people may have with going to the dentist, from preconceived notions of pain to worries about costs.

"I like having one-on-one relationships with my patients," notes Keshav. "Our whole concept is to break down those walls — the fears, anxieties or phobias. We want to address all of these things so that we can take care of the problems and treat the patient the way it needs to be done."

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